

# Meeting Minutes April 10, 2018 10 AM BLK 201

Attendance: Karla Lozano, Vanessa Almaraz, Juan Martinez, Fabian Castillo, Armandina Ramos, Melissa Dominguez, Leticia Valle, Athena Cortez, Jackelyne Briseno, Lorenzo Rodriguez, Cihtlalli Perez, Janet Haverkamp, Yelitza Howard, Norma Cortez, Taryn Shehab, Veronica Guzman, Flora Bocanegra, Margarett Gonzalez, Martha Laura Medina, Juanita Villagran, Merari Teran, Karla Gutierrez, Jasminne Isquierdo, and Veronica Juarez.

Executive Board: Michael Gonzalez, Yelitza Howard, Gloria Sanchez, Karla Gutierrez, Vanessa Almaraz, Martha Laura Medina and Cihtlalli Perez.

### I. Welcome

Michael Gonzalez called the meeting to order at 10:02am.

II. Minutes (Review and Approval)

Minutes approved by Jackelyne Briseno and seconded by Athena Cortez

### III. Treasurer's Report

\$2,878.00

### IV. Presentation- Jessica Palacios, Healthy U Ambassadors

a. The deadline for the Healthy U Ambassador has been extended to April 13<sup>th</sup>. The Ambassador program is different from the Healthy U committee on campus. Purpose of the committee is to meet to develop programs and deals for the year, with the Chairperson delivering the information to TAMIU employees. The Ambassadors will support the committee and chairperson to spread culture and well-being at the ground level. Ambassadors also increase health awareness, contribute program development, promote Healthy U events, and support Healthy U programs in an effort to help achieve program goals. Responsibilities include; communicate and assist in programs, recruit active participation, training opportunities, network and share ideas, and lead by example. Application is for full-time benefits employees and must be signed by supervisor. Applications will be reviewed by committee and will serve for 1 term. Those selected will receive a polo shirt, network opportunities, and incentives. Jessica also informed that Yoga had started the previous week and the Desk to 5K will be held on April 21<sup>st</sup>. Walk Across Texas will be starting soon and employees will be notified through email. There are other events that Healthy U are working with such as Family Movie nights. Locations, dates, and movies are to be determined. This year a kite fest has been added to the event. In the summer, Healthy U will hopefully be working with the RLC to provide Aqua Zumba.

### b. Cihtlalli Perez, Earth Day

Starting the week of April 22<sup>nd</sup>, TAMIU will be having Earth Week with several options for employees and students to participate. TAMIU will be bringing a garden back to campus and there will be a fundraiser to help purchase items needed to help plant 9 trees in the garden. On Tuesday, April 24<sup>th</sup>, TAMIU will work with the City of Laredo to help work on the garden. Goal of the garden is for students to learn sustainability and responsibility. Students who help will receive community service hours. Link for monetary donations will be sent through email. On Friday, April 27<sup>th</sup>, there will be a bench dedication with Dr. Arenaz.

# c. Adrian Dominguez and Edward Trevino, Fire Extinguisher Safety.

How can we distinguish a fire? 1. Pull the trigger. 2. Aim at bottom of the fire. 3. Squeeze trigger. 4. Then go side to side. The goal of learning on campus is to be able to extinguish a fire at home or at work. Distance plays an important role and each person should stand at least 6 feet from a fire. It will take up to 20 to 30 seconds to extinguish a fire. Make sure to always have a safe exit to your back to exit the situation. One thing to do is check the extinguishers monthly and the arrow should always be on green to check the pressure. It is best to purchase a new extinguisher every 6 years from LOWES or Home Depot for about \$15.00 dollars. On campus there are extinguishers every 75 ft.

#### V. TAMIU News

a. Araceli Sandoval – TED. This years TED will be held on May 24<sup>th</sup> with the theme of Rockstars. Registration will be up next week. HR also has a new Director, Jan Aspelund. When you have time, please stop by to meet her.

Michael Gonzalez – SBDC will be having registration for their new cohort. The program will last for 10 weeks and price is \$125.00 dollars. Enrollment will end at the end of the month.

# VI. Open Floor

Martha Laura Medina – On April 27<sup>th</sup> the American Cancer Society will have its annual Relay For Life from 7pm to 7am. Dr. Deborah Blackwell and Laura Medina are co-captains of Team TAMIU, if interested in participating please contact Laura Medina at ext. 2817 or at <a href="mmedina@tamiu.edu">mmedina@tamiu.edu</a>
Athena Cortez, Yelitza Howard, and Jackelyne Briseno – There is a new award to be given out to students that will be given at the University Life Awards on May 5<sup>th</sup>. The new award will be called the Rising Alumni and Philanthropy Award. This will be a student award that they would need to be nominated by either faculty or a full-time staff employee. This nomination will be for a student who will leave a legacy behind of giving back to the TAMIU community.

### VII. Door Prizes

Norma Cortez, Juan Martinez, Janet Haverkamp, Taryn Shehab, Lorenzo Rodriguez, Veronica Guzman, Leticia Valle, Athena Cortez, Karla Lozano, Armandina Ramos, and Jasminne Isquierdo

# VIII. Adjournment

Meeting ended at 11:00am. Yelitza Howard motioned and Lorenzo Rodriguez seconded.